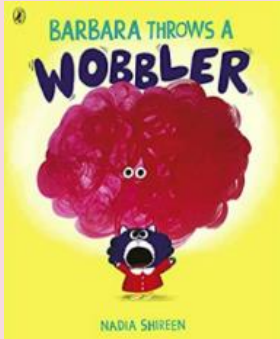


Date: Week beginning 10th October 2022

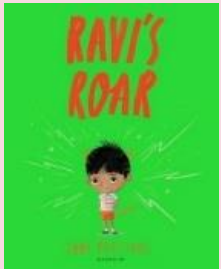
Topic: Happy and Healthy

Theme: Managing our feelings; recognising and understanding angry feelings, emotional literacy

Our Book of the Week:

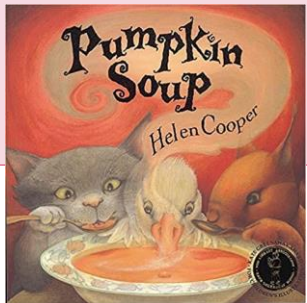


And we have also been reading:



To help us think and talk about angry feelings, to help us make sense of them and give us comfort and reassurance that we all have feelings.

We have also been learning about valuing our friends, and how we can share with them and show kindness.



Number of the week: 2

Our Words of the Week:

Frolic
Grump
strop

Our Songs of the Week:

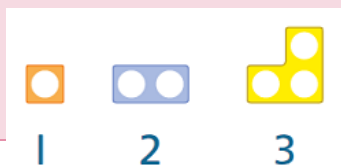
Days of the Week song
Months of the Year song
Autumn songs

Questions to ask at home:

- "What is the number of the week? Can you spot something with 2 ____?" (e.g. 2 fingers)
- "Can you explain to me what the words frolic/grump/strop mean? Can you show me what frolicking means?"
- "What do you know about 'wobblers'? Why might children or adults have a wobbler?"
- "What did Barbara do to help her feel better when she was having a wobbler?"

We have been:

- Talking about our experiences of being grumpy
- Painting our own wobblers using googly eyes
- Relating our knowledge of feelings to the moods of the Colour Monster
- Developing our fine motor skills by using the paintbrushes, play dough, and small scale construction
- Continuing to form close friendships with other children, by playing group games in the home corner and outside (the favourite game of the moment is Cats!)
- Discovering our magnetic resources, investigating parts of the classroom that are magnetic and not magnetic
- Focusing on the number 2, watching our focus episode of Numberblocks: [BBC iPlayer - Numberblocks - Series 1: Two](#), and discussing the visual representation of 2 in the programme, relating it to real life objects and also to other mathematical resources such as Numicon and blocks.



Our Book of the Week next week will be:

We will be talking about the people who help us when we are ill, and how we can help each other to feel better.

