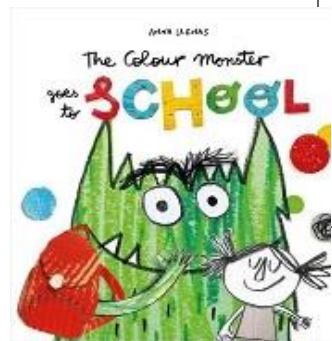


**Date: Week beginning 27<sup>th</sup> September 2022**

**Topic: Happy and Healthy**

**Theme: Settling in, what we do at nursery; our feelings**

**Our Book of the Week:**



And we have also been reading:



**Maths focus of the Week:**

Number 1

Finding a matching pair

Counting 1,2,3,4,5

**Our Words of the Week:**

Excited

Brave

**This week we have enjoyed singing:**

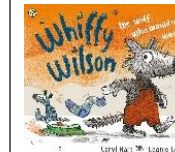
Hickory Dickory Dock

Miss Polly had a dolly

Put your coat on

5 currant buns... amongst many others!

**Our Book of the Week next week will be:**



**Questions to ask at home:**

- "It's great to feel happy. What makes you feel happy?"
- "Sometimes we can feel sad. What helps you to feel better when you are sad?"
- "What does it mean when the colour monster is green? Or a mixture of colours?"
- "Tell me about the frogs that you saw in nursery! What did they look like?"

**We have been:**

- Developing our understanding of what we do in the nursery, for example how the day is structured and how to see what's happening next using our visual timetable.
- Continuing to learn where our toys go and how to help at tidy up time.
- Learning the names of the adults and some of the other children.
- Practising how to sit on the carpet for fruit time, giving other children space.
- Learning how to take turns using a sand timer to time each person's turn.
- Strengthening our hand muscles through playing with the play dough and sand
- Improving our independence skills (for example getting our own tissues, wiping own nose and putting it in the bin ourselves)
- Practising how to say please and thank you at fruit time.
- Experimenting with paints, creative materials and messy play trays.
- Talking about our feelings and identifying what makes us feel sad / happy / angry.
- Learning about birthdays, and understanding that we are 3 years old until we have our birthday and we turn 4.
- Talking about our families, and who is special to us and why.