

This food is:				Made by:			
This food contains:	Yes	No	Not sure	This food contains:	Yes	No	Not sure
gluten (eg wheat, barley, oats)				meat - circle is it <b>halal/kosher/neither</b>			
peanuts				gelatin - circle is it <b>vegetarian/non-veg</b>			
tree nuts (eg almonds, pistachios)				fish/fish sauce - what fish: _____			
soybeans				crustaceans (eg prawns, crabs)			
lupin (eg lupini/termos/altramuces)				molluscs (eg mussels, oysters)			
sesame				eggs			
celery				milk/dairy (eg cheese, yoghurt, butter)			
mustard				alcohol			
allium (eg onion, garlic, shallots)				sulphur dioxide/sulphites (eg dried fruit)			

This food is:				Made by:			
This food contains:	Yes	No	Not sure	This food contains:	Yes	No	Not sure
gluten (eg wheat, barley, oats)				meat - circle is it <b>halal/kosher/neither</b>			
peanuts				gelatin - circle is it <b>vegetarian/non-veg</b>			
tree nuts (eg almonds, pistachios)				fish/fish sauce - what fish: _____			
soybeans				crustaceans (eg prawns, crabs)			
lupin (eg lupini/termos/altramuces)				molluscs (eg mussels, oysters)			
sesame				eggs			
celery				milk/dairy (eg cheese, yoghurt, butter)			
mustard				alcohol			
allium (eg onion, garlic, shallots)				sulphur dioxide/sulphites (eg dried fruit)			

This food is:				Made by:			
This food contains:	Yes	No	Not sure	This food contains:	Yes	No	Not sure
gluten (eg wheat, barley, oats)				meat - circle is it <b>halal/kosher/neither</b>			
peanuts				gelatin - circle is it <b>vegetarian/non-veg</b>			
tree nuts (eg almonds, pistachios)				fish/fish sauce - what fish: _____			
soybeans				crustaceans (eg prawns, crabs)			
lupin (eg lupini/termos/altramuces)				molluscs (eg mussels, oysters)			
sesame				eggs			
celery				milk/dairy (eg cheese, yoghurt, butter)			
mustard				alcohol			
allium (eg onion, garlic, shallots)				sulphur dioxide/sulphites (eg dried fruit)			

This food is:				Made by:			
This food contains:	Yes	No	Not sure	This food contains:	Yes	No	Not sure
gluten (eg wheat, barley, oats)				meat - circle is it <b>halal/kosher/neither</b>			
peanuts				gelatin - circle is it <b>vegetarian/non-veg</b>			
tree nuts (eg almonds, pistachios)				fish/fish sauce - what fish: _____			
soybeans				crustaceans (eg prawns, crabs)			
lupin (eg lupini/termos/altramuces)				molluscs (eg mussels, oysters)			
sesame				eggs			
celery				milk/dairy (eg cheese, yoghurt, butter)			
mustard				alcohol			
allium (eg onion, garlic, shallots)				sulphur dioxide/sulphites (eg dried fruit)			