

ALLERGY INFORMATION
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Available Daily
- Bread with butter
- Daily salad selection
- Jacket potato with a choice of cheese/beans

ALLERGEN KEY

A Gluten **B** Crustaceans **C** Molluscs **D** Fish **E** Peanuts **F** Nuts **G** Eggs
H Soybeans **I** Milk **J** Celery **K** Mustard **L** Lupin **M** Sesame **N** Sulphur Dioxide

Week 1

2nd Jan / 13th Feb / 27th Mar

Week 2

9th Jan / 20th Feb / 3rd Apr

Monday

Meat free day

- ✓ Creamy tomato pasta served with sweetcorn and carrots (A, I, J, H)
- ✓ Jacket Potato with a choice of cheese/beans (A, I)
- S Salad
- D Fruit

Meat free day

- ✓ Lentil dhal curry served with Bombay potato & basmati rice (A, I, J, H)
- ✓ Jacket Potato with a choice of cheese/beans (A, I)
- S Salad
- D Fruit

Tuesday

- M Shepherds pie served with broccoli and gravy (A, I, J, H)
- ✓ Vegetable noodles (A, I, J, H)
- S Salad
- D Carrot cake served with custard (A, G, I)

- M BBQ chicken pizza served with sweetcorn & slaw (A, I, J, H)
- ✓ Margherita pizza served with sweetcorn & slaw (A, I, J, H)
- S Slaw
- D Jelly

Wednesday

- M Grilled chicken burger served with wedges (A, I, J, H)
- ✓ Veggie burger served with wedges (A, I, J, H)
- S Salad
- D Yoghurt (I)

- M Moroccan mutton meat tagine served with rice, broccoli & peas (A, I, J, H)
- ✓ Moroccan chickpea & vegetable tagine (A, I, J, H)
- S Salad
- D Fruit

Thursday

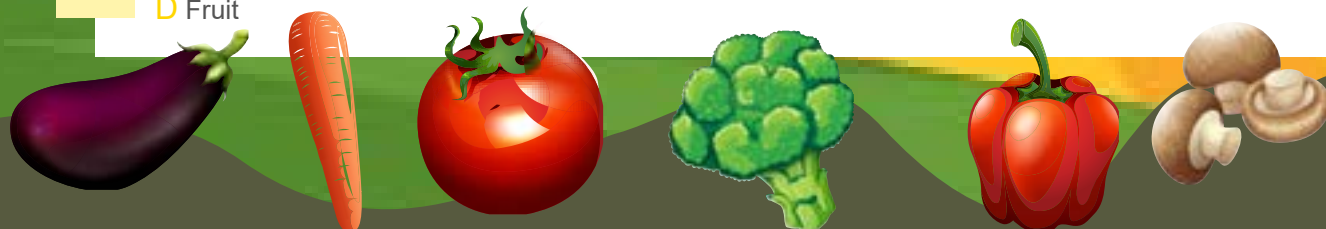
- M Chicken & bell pepper curry served with rice (A, I, J, H)
- ✓ Spinach, potato & chickpea curry served with rice (A, I, J, H)
- S Salad
- D Homemade shortbread biscuit (A, I)

- M Digaag Duban (Somali style baked chicken) served with roast potatoes, carrots, sweetcorn & gravy (A, I, J, H)
- ✓ Qudaar La Shiilay (vegetable stir fry) (A, I, J, H)
- S Salad
- D Vanilla Bundt cake (A, G, I)

Friday

- M Fish fingers & chips served with steamed mixed vegetables & baked beans (A, D, I, H)
- ✓ Jacket Potato with a choice of beans/cheese (A, I)
- S Salad
- D Fruit

- M Fish fingers & chips served with steamed mixed vegetables & baked beans (A, D, I, H)
- ✓ Cheese & tomato sandwiches (A, I)
- S Salad
- D Fruit



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Week 3

16th Jan / 27th Feb / 27th Mar

Week 4

23rd Jan / 6th Mar

Monday

Meat free day

- ✓ Spaghetti served with tomato sauce, cheese & sweet corn (**A**, **I**, **J**, **H**)
- ✓ Jacket Potato served with a choice of cheese/beans (**A**, **I**)
- S** Salad
- D** Fruit

Meat free day

- ✓ Tomato macaroni served with broccoli
- ✓ Jacket Potato served with a choice of cheese/beans (**A**, **I**)
- S** Salad
- D** Fruit

Tuesday

- M** Chicken tikka curry served with rice (**A**, **I**, **J**, **H**)
- ✓ Bombay sandwich (**A**, **I**, **J**, **H**)
- S** Salad
- D** Beetroot & chocolate cake served with custard (**A**, **G**, **I**)

- M** Classic chicken & potato pie served with green beans & glazed carrots (**A**, **I**, **J**, **H**)
- ✓ Cheese & onion pie served with green beans & glazed carrots (**A**, **I**, **J**, **H**)
- S** Salad
- D** Apple cake served with custard (**A**, **G**, **I**)

Wednesday

- M** Cajun chicken pasta bake served with green beans & carrots (**A**, **I**, **J**, **H**)
- ✓ Roasted corn & cheese quesedilla served with green beans and carrots (**A**, **I**, **J**, **H**)
- S** Salad
- D** Yoghurt

- M** Pakistani aloo & keema served with rice (**A**, **I**, **J**, **H**)
- ✓ Vegetable & paneer curry served with rice (**A**, **I**, **J**, **H**)
- S** Salad
- D** Fruit chaat

Thursday

- M** Meat burger served with oven baked wedges (**A**, **I**, **J**, **H**)
- ✓ Vegetable/ bean burger served with oven baked wedges (**A**, **I**, **J**, **H**)
- S** Salad
- D** Ice cream (**I**)

- M** Chicken & vegetable chow mein (**A**, **I**, **J**, **H**)
- ✓ Vegetable chow mein (**A**, **I**, **J**, **H**)
- S** Salad
- D** Cornflake tart served with custard (**A**, **I**)

Friday

- M** Fish fingers & chips served with mixed vegetables & baked beans (**A**, **D**, **I**, **H**)
- ✓ Cheese & tomato panini served with chips (**A**, **I**, **H**)
- S** Salad
- D** Fruit

- M** Fish fingers & chips served with steamed mixed vegetables & baked beans (**A**, **D**, **I**, **H**)
- ✓ Cheese & potato pinwheel served with chips (**A**, **I**, **J**, **H**)
- S** Salad
- D** Fruit



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Week 5

30th Jan / 13th Mar

Week 6

6th Feb / 20th Mar

Monday



Meat free day

- V Tomato, onion & cream sauce pasta served with mixed vegetables (A, I, J, H)
- V Jacket potato with a choice of cheese/beans (A, I)
- S Salad
- D Fruit

Meat free day

- V Vegetable pilau rice served with raita (A, I, J, H)
- V Jacket potato with a choice of cheese/beans (A, I)
- S Salad
- D Fruit

Tuesday



- M Chicken & butternut squash curry served with rice (A, I, J, H)
- V Savoury rice (A, I, J, H)
- S Salad
- D Blueberry cake served with custard (A, G, I)



- M Garlic herb butter flavoured chicken served with roast potatoes, sweetcorn, green beans and gravy (A, I, J, H)
- V Chickpea curry served with bread/ pitta (A, I, J, H)
- S Salad
- D Rhubarb crumble served with custard (A, I)

Wednesday



- M Tandoori chicken pizza served with garlic bread (A, I, J, H)
- V Vegetable pizza served with garlic bread (A, I, J, H)
- S Slaw (G, I)
- D Fruit



- M Spaghetti & Turkish meatballs in tomato sauce served with peas (A, I, J, H)
- V Green beans & potato curry served with rice (A, I, J, H)
- S Salad
- D Fruit

Thursday



- M Sweet and sour chicken served with chow mein noodles and broccoli (A, I, J, H)
- V Grilled cheese sandwich served with slaw (A, G, I)
- S Salad
- D Chocolate brownie (A, G, I)



- M Bangers and mash served with baked beans (A, I, J, H)
- V Classic cauliflower & broccoli cheese (A, I, J, H)
- S Salad
- D Ice cream (I)

Friday



- M Fish fingers & chips served with mixed vegetables & baked beans (A, D, I, H)
- V Pizza baguette served with chips & beans (A, I, J, H)
- S Salad
- D Fruit



- M Fish fingers & chips served with mushy peas and sweetcorn (A, D, I, H)
- V Jacket potato with a choice of cheese/beans (A, I)
- S Salad
- D Fruit

