

**ALLERGY INFORMATION**  
If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



Available Daily

- Bread with butter
- Daily salad selection
- Jacket potato with a choice of cheese/beans
- Plain Pasta Served With Sauce Of The Day

### ALLERGEN KEY

A Gluten B Crustaceans C Molluscs D Fish E Peanuts F Nuts G Eggs  
H Soybeans I Milk J Celery K Mustard L Lupin M Sesame N Sulphur Dioxide

#### Week 1

#### Week 2

1st Sep / 13th Oct / 24th Nov

8th Sep / 20th Oct / 1st Dec

Monday

#### Meat free day

- V Pasta bake served with Sweetcorn & Peas (A, I, J, )
- V Jacket Potato with a choice of cheese/beans/tuna (A, I, D)
- S Salad
- D Fruit

#### Meat free day

- V Lentil Dhal & Sweet Potato Curry served with Basmati Rice
- V Jacket Potato with a choice of cheese/beans (A, I)
- S Salad
- D Fruit

Tuesday

- M Chicken Balti Curry served with Basmati Rice
- V Egg & Potato Curry (G)
- S Salad
- D Mixed Berry Crumble & Custard (A, I)

- M Cajun Grilled Chicken served with Roast Potatoes & Steamed Vegetables
- V Chickpea Curry
- S Salad
- D Fruit

Wednesday

- M Cheesy Shepherd's Pie served Broccoli (A, I, J)
- V Vegetarian Shepherd's Pie (A, I, J)
- S Salad
- D Fruit

- M Spaghetti Bolognese (A, J, H)
- V Pasta Bake (A, I, J)
- S Salad
- D Cheese Crackers Or Fruit (A, I)

Thursday

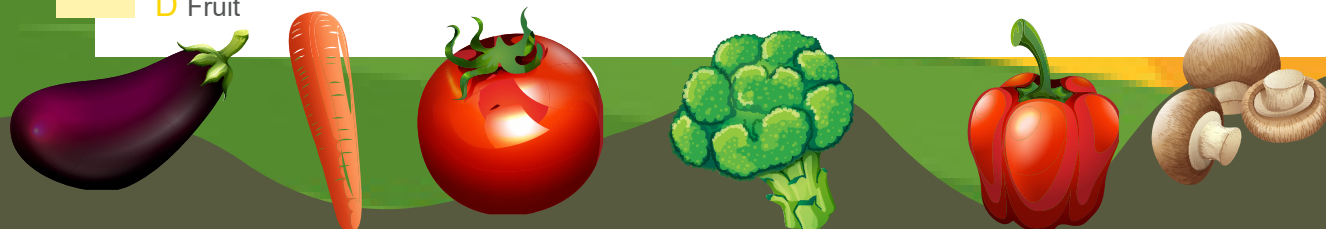
- M Chicken Fillet Burger served with Wedges (A)
- V Cheese Flan (A, I, G)
- S Salad
- D Crackers & Soft Cheese (A, I)

- M Italian Chicken Pizza (A, I)
- V Margherita Pizza (A, I)
- S Pasta Salad (A, I, G)
- D Chocolate Sponge Cake (A, I, G)

Friday

- M Fish Fingers & Chips served with Baked Beans or Peas (A, D)
- V Cheese & Tomato Toastie served with Baked Beans (A, I)
- S Salad
- D Fruit

- M Fish Fingers & Chips served with Baked Beans (A, D)
- V Vegetable Pinwheel (A, I, J)
- S Salad
- D Fruit



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### Week 3

15th Sep / 27th Oct / 8th Dec

### Week 4

22nd Sep / 3rd Nov / 15th Dec



Monday

#### Meat free day

- ✓ Mac 'N' Cheese served with Steam Vegetables (A, I)
- ✓ Jacket Potato served with a choice of cheese/beans (A, I)
- S Salad
- D Fruit



#### Meat free day

- ✓ Vegetable Fajita Pasta with Sweetcorn (A, I, J, H)
- ✓ Jacket Potato served with a choice of cheese/beans (A, I)
- S Salad
- D Fruit



Tuesday

- M Great British Bangers & Mash Potato served with Baked Beans & Gravy (A, I, J, H)
- ✓ Vegan Sausages
- S Salad
- D Sponge Cake (A, G, I)



- M Butter Chicken served with Basmati rice (I)
- ✓ Bombay Potato curry served with Basmati Rice
- S Salad
- D Apple Crumble served with Custard (A, I)



Wednesday

- M BBQ Spiced Chicken served with Boiled Carrots & Boiled Potatoes
- ✓ Sweet Yam Casserole served with Pita Bread (A)
- S Salad
- D Flavoured Jelly



- M Cheeseburger served with Wedges (A, J, H)
- ✓ Bean Burger served with Wedges (A)
- S Salad
- D Fruit



Thursday

- M Flavours Of The Week Chicken served with Steamed Veg & Yorkshire Pudding (A, I)
- ✓ Aubergine & Mixed Vegetable Curry (A, J)
- S Salad
- D Fruit



- M Roast Chicken served with Mash, Gravy & Yorkshire Pudding (A, I, H)
- ✓ Cheese & Onion Pie served with Beans (A, I, J, H)
- S Glazed Carrots & Salad
- D Raspberry Ripple Sponge cake (A, G, I)

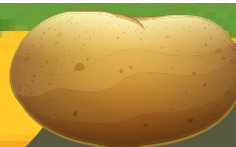


Friday

- M Fish Fingers & Chips served with Sweetcorn & Baked Beans (A, D)
- ✓ Cheese Toastie (A, I)
- S Salad
- D Fruit



- M Fish Fingers & Chips served with Baked Beans (A, D, H)
- ✓ Mac 'N' Cheese with Roasted Broccoli (A, I)
- S Salad
- D Fruit



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#### Week 5

29th Sep / 10th Nov

#### Week 6

6th Sep / 17th Nov

Monday

#### Meat free day

✓ Creamy Linguine Pasta with Mascarpone Sauce (A, I, J, H)  
✓ Jacket Potato with a choice of cheese/beans (A, I)  
S Salad  
D Fruit

#### Meat free day

✓ Pizza Baguette served with Sweetcorn (A, I)  
✓ Jacket Potato with a choice of cheese/beans (A, I)  
S Salad  
D Fruit

Tuesday

M Chicken Tagine served with Rice (A)  
✓ Moroccan Style Spinach & Potato Curry served with Rice  
S Salad / Couscous  
D Chocolate Cake (A, G, I)

M Turkish Meat Balls in Tomato Sauce served with Spaghetti (A, I, J, H)  
✓ Veg & Tomato Spaghetti (A, I)  
S Salad  
D Flapjack (A, I)

Wednesday

M Chili Mac 'N' Cheese (A, I)  
✓ Cauliflower Cheese Bake (A, I)  
S Salad  
D Fruit

M Nigerian Chicken Stew with Jollof Rice (J, H)  
✓ Curried Vegetable Stew  
S Carrots & Peas  
D Banana Cake (A, G, I)

Thursday

M Chicken Pizza (A, I)  
✓ Margherita Pizza (A, I)  
S Salad  
D Yoghurt (A, I)

M Honey & Lime Flavoured Chicken served with Herby Potato, Green Beans & Gravy (A, J, I)  
✓ Savoury Rice (J, H)  
S Salad  
D Apple Crumble served with Custard (A, I)

Friday

M Fish Fingers & Chips served with Mushy Peas or Baked Beans (A, D)  
✓ Vegetable Pinwheel (A, I)  
S Salad  
D Fruit

M Fish Fingers & Chips served with Baked Beans & Sweetcorn (A, D)  
✓ Pizza Baguette (A, I)  
S Salad  
D Fruit

